

2025 ANNUAL REPORT

Building Community, Creating Home



PRESIDENT'S LETTER

Dear Friends,

It gives me great pleasure to address you all for our 2025 annual report.

Time flies very fast. No one knew seventeen years ago what India Home was; but now, its name is known among South Asian seniors, government offices and business communities. There was no road map or blue print for its pioneering journey but it has progressed very well with vision and determination. In short, India Home is on an ever-upward growth journey.

As the adage goes: Necessity is the mother of invention. Three professionals Dr. Kalasapudi, Dr. Sood and Dr. Dave, worried about the worsening cognitive functioning of their patients, explored the avenues for their socialization. After holding several social meetings of seniors at private homes, it was decided to form an organization which was named India Home, Inc.

The major problems faced by seniors include food, housing, language, loneliness, and health issues. In order to minimize these problems, India Home operates five centers in Queens where South Asian seniors meet, mingle, dance, sing and enjoy hot delicious foods. They exchange stories, crack jokes and share their life experiences. They spend quality time and forget about their pains and aches. They find India Home as their second home, as it has made a positive impact on our community.

Aloofness leads to cognitive decline which triggers debilitating disease such as dementia. For patients having mild to moderate dementia, India Home has opened our Desi Dementia Day Care Center with qualified staff and provides guidance, training and transportation facilities.

India Home has successfully implemented a co-living project by purchasing a house in Floral Park, Queens, where like-minded seniors live in four furnished bedrooms with attached bath rooms. They share a common kitchen and living room.

There is a dire need for affordable housing for seniors in the Queens area. India Home is wetting its feet and has acquired lots to construct affordable housing for which it has been awarded capital grants from federal, state and local governments. As we navigate in an uncharted territory of housing, we need expert guidance from engineers, architects, contractors and specialized consultants. India Home is working with Procida Group who will be its partner for the construction phase.

India Home had purchased three adjacent condominium units for its make-shift office at Wexford Terrace in Jamaica, Queens. The office is being completely renovated with multi facilities to create the South Asian Community Home. 2025 marks the final year of fundraising for the renovation of the office. India Home profusely thanks all the donors for their generous contributions, and invites future support to make this trailblazing dream a reality.

I take this opportunity to convey my gratitude to donors, supporters, dedicated team of staff members, seniors, well-wishers, and volunteers whose participation has made a huge difference. Needless to mention that the accomplishments mirror the unwavering commitment of our Board of Directors.

Some of the milestones of India Home in FY 2025 are worth noting; for example, 64,857 meals were served to our seniors and we also conducted 48,694 physical exercise units and 25,296 educational units.

India Home is profoundly grateful to the trailblazer Dr. Vasundhara Kalasapudi, Executive Director, whose vision, determination and mission-driven decisions have propelled its growth.

With warm regards,

9/

Mukund Mehta Board President, India Home

TABLE OF CONTENTS

Building Community, Creating Home	page 5
Our Center Locations	page 6
India Home by the Numbers	page 7
Programs & Services	pages 8-14
Senior Center Programs	pages 9-10
Desi Dementia Day Care	page 11
Case Management	page 12
Home-Delivered Meals & Virtual Programs	page 13
Co-Living Homes	page 14
Looking Ahead	pages 15-16
SACH Renovations	page 15
Housing	page 16
Closing Note	page 17
Financial Statements	pages 18-19
Donor & Sponsor Acknowledgements	pages 20-26

BUILDING COMMUNITY, CREATING HOME

For **18 years**, India Home has walked alongside South Asian and Indo-Caribbean seniors, creating spaces where they are not only supported, but also celebrated. From the very beginning, our mission has been about more than just services, it has been about community. Every meal shared, every song sung in a familiar language, every hand held in yoga or art class has built a sense of belonging that tells our elders: **you are seen, you are valued, and you are at home**.

This theme of building community, creating home has guided our programs since day one. We've built community by making sure no senior eats alone, by opening doors to creative expression, by giving access to health and wellness, and by fighting for seniors' voices to be heard in the larger story of New York. We've created home by offering culturally familiar meals, by honoring traditions, and by making our centers places where laughter, celebration, and dignity are always at the heart of the day.

The renovation of the **South Asian Community Home (SACH) Center** is a natural progression of this journey. For years, we've pieced together spaces that gave our seniors comfort and community and now we are building the permanent home they deserve. This new center will be more than walls and rooms; it will be a *place of joy, connection, and safety*. It will carry forward our vision of a city where every senior can live not in isolation, but in belonging. It will be a place where stories are shared, culture thrives, and our elders know, without question, that they are home.



OUR CENTER LOCATIONS



FY 2025 SNAPSHOT



53,294

service units



64,857

meals served



3,786

support services provided

Service Units by the Numbers



48,694 yoga and exercise units



4,384 art & culture units



1,268

technology units

Education

4,600

nutrition education units

20,696

Other education units (ESL, history, civic talks, knowyour-rights, informational sessions, arabic classes)

Case Management Interactions

31%

of case management services were for immigration & citizenship

20%

of services supported general & wellness inquiries

Meals Served by the Numbers



5,170

home-delivered meals



22,207

congregate breakfasts served



37,480 congregate lunches ser

lunches served

PROGRAMS & SERVICES

At India Home, we believe that caring for our seniors means looking after every part of their lives. Our programs are designed to nourish the body, lift the spirit, and bring people together in a warm and welcoming community.

Whether it's sharing a meal, joining a wellness activity, celebrating culture, or receiving guidance and support, our seniors know they can count on India Home to be there for them. Each service is rooted in respect and cultural understanding, so every elder feels seen, valued, and at home.

Together, these programs create more than care — they create belonging.













SENIOR CENTER PROGRAMS

Nourishing Hearts & Homes

The Congregate Meals program at India Home provides seniors with healthy, culturally familiar South Asian vegetarian & Halal meals in a warm community setting. More than just nourishment, these meals bring comfort and familiarity, reminding seniors of home while supporting their nutritional needs. Through the nearly 60,000 meals served in FY25, seniors were able to form meaningful connections, reduce feelings of loneliness, and enjoy a sense of belonging. For many of our seniors, mealtime becomes the highlight of their day; a chance to socialize, laugh, and strengthen community bonds.



Strength in Motion

The Yoga and Exercise program at India Home helps seniors stay active, flexible, and energized through gentle movement tailored to their needs. Through our program, 500+ seniors were able to improve their balance, strength, and overall wellness, while also reducing stress and relaxing. Beyond physical benefits, group sessions provide motivation and camaraderie, giving seniors a supportive space to move together, share encouragement, and build healthy habits that enhance their daily lives.



Creativity Without Age

The Creative Aging program empowers seniors to explore their artistic side through activities like painting, music, writing, and crafts. These sessions go beyond being simply recreational; they stimulate memory, spark imagination, and encourage self-expression in ways that bring joy and pride to participants. With **4,300+ arts units** served in FY25, seniors were not only able to develop new skills but also strengthen social bonds, creating a vibrant community where creativity thrives at any age.



SENIOR CENTER PROGRAMS

(CONTINUED)

Voices that Matter

At India Home, we know that lasting change comes when our seniors' voices are heard and valued. Through education and advocacy, we create platforms for older South Asian and Indo-Caribbean adults to speak directly to policymakers, share their stories, and help shape the programs that impact their daily lives. From community workshops that raise awareness on immigrant rights and healthcare access to advocacy visits with elected officials, our seniors are not just participants but are leaders in driving equity and inclusion. Over this year, over 50 senior members raised their voices at rallies for justice and visibility. Each effort helps break barriers and ensures that the unique needs of our community are recognized and addressed.



Minds at Ease

Mental health is an essential part of overall well-being, yet it is often overlooked, especially in immigrant communities where stigma can make seeking help difficult. We create safe, supportive spaces where seniors and caregivers can openly share their challenges, access professional guidance, and find healing in community. Last year, we conducted over 20 group sessions, and also gave one-on-one support tailored to our community's needs. Through culturally sensitive care, we help older adults build resilience while reducing isolation, stress, and anxiety. By addressing both emotional and social needs, we remind our community that healing is not a solitary journey but something that happens best when we heal together.



Nourishment & Dignity

Food is more than nourishment; it is care, dignity, and connection. Our food pantry provides culturally familiar groceries to seniors and families who may otherwise struggle with food insecurity. In FY25, we hosted **over 70 food pantries**, offering staples that reflect our community's traditions and providing vital support to those in need. Many seniors have shared that these distributions ease their monthly burdens, allowing them to redirect limited resources toward other essentials like rent or medication. Every bag of food distributed is a reminder that no one in our community should face hunger alone.



DESI DEMENTIA DAY (3D) CARE

India Home's Desi Dementia Day (3D) Care program is the first of its kind for South Asian seniors living with dementia. Every week, **15–20 clients** come together in a safe, joyful space where they can be active, creative, and cared for with dignity. The program is not only a lifeline for seniors but also for their families and caregivers, who gain peace of mind knowing their loved ones are supported and engaged. In FY25, we served over **3,600 lunches** through the program, ensuring seniors received both nourishment and community care.

At 3D Care, our approach blends cultural familiarity with therapeutic activities. Each day begins with gentle chair exercises that keep the body moving, followed by activities like arts and crafts, trivia, board games, card games, and community outings. These moments are designed to stimulate memory, improve cognitive skills, and bring laughter into everyday life. Seniors especially light up during competitive games and group singalongs. These moments give them the chance to laugh, cheer one another on, and let their personalities shine.

Recognizing that dementia impacts entire families, we also prioritize caregiver well-being. Monthly group support sessions give caregivers the chance to connect with others who understand their journey, while individual one-on-one sessions provide personalized guidance and relief. Our monthly mental health workshops for both seniors and caregivers further strengthen emotional health and help them navigate the emotional and psychological challenges of dementia with tools and resources for resilience.

3D Care has grown into more than just a program, it is a community of care. Seniors build friendships, caregivers find support, and families see their loved ones flourish in an environment where they feel truly seen and understood.



Caregiver Testimonial

"My husband stays busy at 3D Care Center. He loves talking to people and doing puzzles. At home he tends to misplace things and gets confused. At India Home he gets distracted with the activities and that is a good relief for me. The support groups makes me feel I'm not alone. I also enjoy being here few hours as I get to talk to others. He's talkative and gets to talk to different people and staff. So I also get some time for my own."

- J. P. Patel

Client Testimonial

"I do elevate myself coming here with the nice atmosphere. With the nice people. They care for each and everyone with the smile. I am coming here for two days for the program, but I wish I could have more days to come and join the program and enjoy all the activities. I am always excited and anxious to come here and meet everyone. Coming here enhances and rebuilt my inner art skills. Like soil has seeds but it needs atmosphere to grow and blossom beautiful flowers, India Home gave me that atmosphere to grow my art skills."

- Minaxi Dave

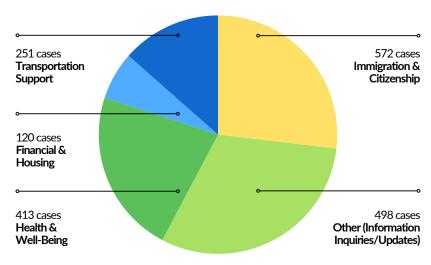
CASE MANAGEMENT

India Home's Case Management program is designed to ensure that seniors have the guidance and support they need to navigate the many challenges that come with aging in a new country. From accessing healthcare, nutrition programs, and transportation assistance to securing housing and financial benefits, our case managers act as trusted advocates, helping seniors overcome obstacles and achieve greater independence. In FY25, we served over 500 clients through this program, providing personalized support to meet their unique needs. Every interaction is personalized, culturally sensitive, and focused on empowering seniors to live with dignity, confidence, and security.

Our team works closely with each senior to understand their unique circumstances and goals. Through one-on-one consultations, benefit screenings, and enrollment support, case managers help seniors access services such as SNAP, SSI, reduced fare MetroCards, health insurance programs, and Section 8 housing vouchers. These interventions not only provide essential resources but also reduce stress and uncertainty, allowing seniors to focus on enjoying life rather than navigating complicated systems alone. Case management also addresses social and emotional needs, connecting seniors to mental health services, educational programs, and community activities that help them stay engaged and connected.

Our Case Management team strengthens the safety net around South Asian and Indo-Caribbean seniors, ensuring that no one falls through the cracks. Through these efforts, seniors experience more stability, independence, and peace of mind, and families gain reassurance that their loved ones are supported. At India Home, case management is more than just assistance- it is a commitment to every senior's well-being, empowerment, and continued quality of life.

By the Numbers:		
40	housing applications assisted	
45 196	Able- Ride/Access-A- Ride supported	
43	SNAP enrollments	
376	general wellness support contacts	



CONNECTING THE HOME-BOUND:

HOME-DELIVERED MEALS & VIRTUAL PROGRAMS

For many seniors, home is where comfort, safety, and independence meet but it can also be a place of isolation, especially for those with limited mobility or chronic health challenges. India Home's Home-Delivered Meals program brings the same nutritious, culturally familiar meals served in our centers directly to seniors' doorsteps, ensuring that even the most homebound members of our community can enjoy the flavors of their heritage while maintaining their health. In FY25, we delivered 5,170 meals to seniors across our community. Each delivery is more than just a meal; it is a moment of connection, a friendly visit, and a reminder that someone cares.

In addition to nourishment, our virtual programs help seniors stay engaged, active, and connected, no matter where they are. Through Zoom and other online platforms, seniors join yoga and exercise sessions, creative arts workshops, educational talks, and cultural programs from the safety of their own homes. In FY25, we conducted **350 virtual sessions**, promoting physical and mental wellness while also fostering social connection. These programs allow seniors to interact with peers, share experiences, and remain part of a larger community.

Together, home-delivered meals and virtual programming represent India Home's commitment to meeting seniors where they are both physically and emotionally. By blending care, culture, and technology, we ensure that every senior has access to the support, engagement, and companionship they need to thrive. These programs reinforce the message that distance or health challenges should never limit connection, nourishment, or joy.









CO-LIVING HOMES

The idea of "home" means so much more than four walls; it is safety, comfort, and connection. For many South Asian immigrant seniors, home has often meant moving in with family or living alone in apartments where isolation sets in. During the COVID-19 pandemic, many older adults lost spouses or close friends and found themselves cut off from the social bonds that give life meaning. In response, India Home developed a new solution: co-living homes designed specifically for seniors in our community.

Our co-living homes in Floral Park and Jamaica, Queens welcome seniors between the ages of 58 and 80. Today, **10** seniors live across two homes, each maintaining independence with their own bedrooms and private bathrooms while sharing kitchens, living rooms, and dining spaces that foster community. This model ensures that while seniors have privacy, they are never alone. It also provides a space where dietary preferences, languages, and cultural traditions are honored, making the homes truly feel like family.

Each household has grown into a supportive, close-knit community. Residents cook meals together, celebrate holidays, and spend evenings watching films or playing games. Friendships flourish in these everyday moments whether it is through a shared cup of tea, a walk to the local park, or preparing a meal that reminds them of their homeland. Some residents also join group activities at our senior centers, deepening their social networks and connections across neighborhoods.

The impact of co-living has been profound. While the program was not designed with financial savings in mind, it has made a remarkable difference in seniors' mental health and sense of purpose. By living together, they have built strong support systems, gained new routines, and rediscovered joy in daily life.

India Home's co-living initiative is more than just housing, it is an antidote to isolation. It represents what we believe every elder deserves: a safe, welcoming, and culturally familiar space where they can thrive.

Coliving Resident Testimonial

"I was living somewhere that wasn't good at all, and desperately wanted to move...I'm at peace [now]. And when your mind is clean, it's good because it feels better to live that way."

-Amit Ahuja



LOOKING TOWARDS SACH

At India Home, we are committed to creating spaces where seniors feel safe, valued, and inspired. Our ongoing renovations at the South Asian Community Home (SACH) Center represent the next step in this vision. By reimagining and modernizing our facilities, we aim to provide a welcoming, accessible, and vibrant environment that meets the evolving needs of our community. The renovated spaces will feature multi-purpose rooms for classes and social activities, comfortable areas for relaxation, and technology-enabled spaces to connect seniors with family, caregivers, and the broader community. Every design decision is guided by our seniors' voices and experiences, ensuring the Center reflects both cultural familiarity and contemporary comfort.

These improvements go beyond bricks and mortar; they are about enhancing quality of life and fostering connection. With new, thoughtfully designed spaces, we can expand our programs, host larger community events, and provide more opportunities for engagement in creative, educational, and wellness activities. Seniors will be able to enjoy everything from art and music sessions to yoga and meditation in environments that are safe, bright, and accessible, helping them stay active both mentally and physically.







The SACH renovations are also a symbol of hope and possibility. They reflect India Home's dedication to long-term solutions that empower seniors to age with dignity, joy, and independence. With the continued support of donors, volunteers, and community partners, we are excited to transform the SACH Center into a hub of learning, culture, and care where every senior feels at home, every program inspires growth, and every visit brings connection and purpose.

NEW HORIZONS

India Home is proud to take a bold step forward with our first affordable housing project in Jamaica, Queens, developed in partnership with Procida Companies. In addition, our consultants and partners Fulcro Development, RKTB Architects, Andrea Steele Architecture and Nixon Peabody. This initiative responds to the pressing need for affordable, age-friendly housing in our community, particularly for immigrant and low-income seniors. As the senior population continues to grow, this project represents a critical investment in safe, stable, and culturally competent housing solutions that reflect the dignity and diversity of the people we serve.





In the years ahead, India Home will continue working hand-in-hand with city, state, and federal partners to advance this development and ensure it becomes a model for community-centered housing. With support from elected officials and community stakeholders, this project is more than just a building it is a commitment to equity, inclusion, and the long-term well-being of older adults. By embedding services, accessibility, and cultural sensitivity into the design, we aim to create a vibrant home where seniors can age with dignity and connection.

Looking forward, this housing initiative lays the foundation for India Home's expanding role as a developer and advocate for senior housing across New York City. By combining strong partnerships with our deep understanding of immigrant and senior communities, we are not only addressing immediate housing needs but also creating a replicable model for culturally responsive, affordable housing. This project in Jamaica is just the beginning of a vision to ensure that every older adult has access to a home where they feel seen, supported, and valued.

WITH GRATITUDE & HOPE

As we reflect on the past year, we are deeply humbled by the trust and generosity of our community (seniors, families, caregivers, staff, volunteers, and supporters) who make India Home what it is today. Every meal shared, every friendship formed, every voice uplifted is possible because of you. Together, we are creating a true home for South Asian and Indo-Caribbean seniors, where dignity, joy, and belonging flourish.

Your belief in our mission allows us to dream bigger and reach further. From providing nourishing meals and creative programs to pioneering initiatives like co-living homes and dementia care, our work is fueled by the understanding that no senior should ever feel forgotten or alone. Each donation, each hour volunteered, each act of advocacy strengthens this circle of care and compassion.

As we look ahead, we invite you to continue walking beside us. There is still so much more to do: more seniors to reach, more families to support, more communities to serve. And in the unpredictable times ahead, we need your partnership now more than ever. The challenges may be uncertain, but our commitment to our seniors is unwavering. With your continued support, we can expand our impact and ensure that every elder in our community finds a place of warmth, dignity, and love. Together, let's keep building a future where aging is not just about years lived, but about lives fully embraced.



FINANCIAL STATEMENTS

India Home, Inc. Statement of Financial Position (Unaudited) As of June 30, 2025

	FY 2024 - 2025
CURRENT ASSETS	
Cash & Cash Equivalents Pledge Receivable Grants Receivable Prepaid Expense	\$94,779.96 \$630,930.05 \$801,211.10 \$15,918.35
TOTAL CURRENT ASSETS	\$1,542,839.46
FIXED ASSETS Property, Plant, and Equipment, Net Total Fixed Assets Other Long-Term Assets	\$12,326,309.82 \$12,326,309.82 \$201,833.11
TOTAL ASSETS	\$14,070,982.39
CURRENT LIABILITIES Accounts Payable Other Current Liabilities Refundable Grant Advance Line of Credit Third-Party Loans	\$138,810.33 \$28,863.68 \$119,133.75 \$500,000.00 \$2,696,018.97
TOTAL CURRENT LIABILITIES	\$3,482,826.73
LONG TERM LIABILITIES Loan Payable Other Long-Term Liabilities	\$7,811,686.67 \$200,333.11
TOTAL LIABILITIES	\$11,494,846.51
Net Assets - with Donor Restriction Net Assets - without Donor Restriction TOTAL NET ASSETS	\$79,632.55 \$2,496,503.33 \$2,576,135.88
TOTAL LIABILITIES & NET ASSETS	\$14,070,982.39

FINANCIAL STATEMENTS

India Home, Inc. Statement of Activity (Unaudited) For the year ended June 30, 2025

REVENUE	FY 2024 - 2025
Direct Public support Grants Fundraising Income Other Income	\$204,812.24 \$2,626,547.02 \$222,858.50 \$88,040.00
TOTAL REVENUE	\$3,142,257.76

EXPENSES

Program Services General & Administrative Finance Charges Other Expense	\$2,706,794.79 \$359,500.28 \$16,900.80 \$23,786.15
TOTAL EXPENSES	\$3,106,982.02
NET INCOME	\$35.275.74

NOTE: The above Statement of Activity has been prepared on an unaudited basis for internal and annual report purposes.

THANK YOU TO OUR 2025 DONORS & SPONSORS

Abha Roy Afsana Monir Akshay and Parul Shah Ali Najmi Dr. Amit & Deepika Sood Amita & Dhiren Gandhi Dr. Anasuya Nagaraj Anjali Awasthy Anirudh and Subhadra Shah Anvita Gullipalli Arnab Mukherjea Arvind & Kalpana Dharia Asian American Federation Bala & Ramachandran Krishnamurthy Bharat and Usha Shah Bipin & Sushila Shah **Botanica Pharmacy Corp** Brijesh & Neena Goswami Chien Dao Glasgow **Dahaner Foundation** Daxa Bhatt Delwar & Dilruba Foundation Desikan Family Fund Dilafroz Ahmed Dilip & Rekha Tolat Dipak and Latika Sheth Fulcro Development Gaurav & Garima Saluia Geeta Paranandi Gourab Nayan

Goyal Family Foundation Harjeet Kaur Harsukh & Sudhabala Mehta Hasmukh Mehta Hira Modi Dr. Hiralal S. Patel Janney Montgomery Scott Jayant Kulkarni Julie Rosenberg Jyoti Mandavia Kalpana Chamarti Dr. Kamini Shah Kaushik & Nirmala Hansoty Kattingeri & Jyothi Rao Dr. Kaumudi Somnay Kanak Pandya Nadkarni Kesav Dama Kiran & Dipti Thakkar Labhubhai Upadhyay Lakhan and Misirdai Roghubir Dr. Lila & Mahendra Shah Mangala Sand Manjit Bhalla Manoj & Perna Shah Mansukh & Smitha Pipaliya Matthew Starr Meenakshi M. Venkat Meenu & Rakesh Bhargava Mehta Family LLC Michael Samaroo

Michael Turner Minesh & Urvashi Patel Mukesh & Veena Rajput Mukund & Padma Mehta Munjal Family Fund Nainesh & Kavita Shah Drs. Nalini & Virendra Juthani Drs. Nasreen & Masood Mirza Nazmul Khan Neelesh Jain Neetu & Hemant Jain Niruben Patel Padmanabh & Nalini Paddu Padmanabh Upadayaya Padma Lakshmi Parashar N. Sheth Pareshshah Partners LLC Pari V. Tecksingani Parker Jewish Institute Priya Mulgaonkar Puran Saroi Sharma Rahul Tandon Raj Mathrani Dr. Rajani Goyal Rasila & Silpa Shah Ravi Ramaswamy Ravi Yerneni Ravindra Goyal Rhea Saluja Rina Madhani & Gobie Kumarasamy Robert Gassmann

Robert Werner

Rohini Parikh Rubex Drugs Inc. Rupal Vyas Sahana & Neetika Kochar Samaira Saluja Sanghamitra Kalita Sara Gelves Sateesh Chennagiriyappa Savithri Manjanath Shahara Travels Shakuntala and Praveen Prasad Shipra Ganguly Shobhna Srinivasan Drs. Shyam and Maya Rao Smita Mehta Sonali Narasimhan Sravya V. Sreenadh Jonnavithula Sudershan Malik Sudha Acharya Sudhir P. Butala Sujata Seth Sunil Aggarwal Tirumala Rao Tipirneni Dr. Uma Mysorekar Urvashi Thakkar Varsha Gandhi Dr. Vasundhara Kalasapudi & Dr. Rao Veena Mehta Vijay Kedia Yin Woon Rani

Zaineb Mohammed

Together, your generosity has helped us bring care, dignity, and community to our South Asian and Indo-Caribbean elders. We are deeply grateful to every donor listed here and to the many anonymous supporters who made a difference this past year.

Please excuse us for any accidental omissions or misspellings.







2025



Main Office

178-36 Wexford Terrace Suite #2C Jamaica, NY 11432

Contact Us

(917) 288-7600 info@indiahome.org www.indiahome.org