



# More space to grow together

India Home's Capital Campaign



"We thank our Borough President Melinda Katz, and Council Members Barry Grodenchik, I. Daneek Miller & Rory Lancman for their generous support of our capital grant."

#### CITY HALL OFFICE

250 BROADWAY, SUITE 1773 NEW YORK, NEW YORK 10007 (212) 788-6956 ph. (212) 676-0471 fx.

#### DISTRICT OFFICE

78-40 164TH STREET, SUITE BB HILLCREST, NEW YORK 11366 (718) 217-4969 ph. (347) 561-6116 fx.



# THE COUNCIL OF THE CITY OF NEW YORK

#### **RORY I. LANCMAN**

COUNCIL MEMBER
TWENTY-FOURTH DISTRICT, QUEENS

June 20, 2018

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Vasundhara Kalasapudi India Home Inc. 178-36 Wexford Terrace, 2nd Floor Jamaica, New York 11432

Re: India Home Capital Award

#### Dr. Kalasapudi:

I am writing to congratulate you on India Home's capital grant totaling \$1,477,000 for property acquisition.

The grant award includes \$989,000 from Borough President Melinda Katz, \$288,000 from my office, and \$100,000 each from Council Members Barry Grodenchik and I. Daneek Miller.

I look forward to all the great work that India Home will continue to do in my district and throughout New York City.

Very truly yours,

Rory I. Lancman

#### President's Letter

#### Dear Friends:

India Home has made an immense stride this past year in advancing its goal to serve the elderly South Asian community, as is evident from the ever-growing enthusiastic attendance of seniors at four locations in Queens. We currently provide services every week to over 200 seniors from all different faiths, nationalities and linguistics groups. India Home strives to serve these individuals in a culturally sensitive environment by providing social, recreational, psychological and spiritual services in order to improve the quality of life.

India Home, an established premier institution, has carved a niche in the South Asian community for providing health and wellness programs, recreation activities, case management services, technological literacy, and advocacy and awareness campaigns. India Home delivers these programs through committed collaborations with existing senior centers, faith-based institutions, government programs and university partnerships.

India Home's services are recognized by governmental agencies and elected officials with whom an excellent rapport has been built up over the years by our committed Board. Our recent NYC government capital grant of nearly \$ 1.5 million for the acquisition of a property was a major milestone in our growth. We are extremely thankful for the crucial support of the Queens Borough President Melinda Katz, City Council Members Rory Lancman, Barry Grodenchik, and Daneek Miller.

We cannot go without mentioning our previous Deputy Director Lakshman Kalasapudi, whose dedication and boundless energy were integral to our collaborations with other not-for-profit organizations, in securing foundation grants, and taking India Home to the next level. We are saddened by his departure from India Home, as he had put in his heart and soul into the development of India Home. We wish him all the best in his studies and future endeavors.

Our sincere thanks to the entire team of the office staff for their dedicated services, and for rising up to the occasion to ensure smooth operation of India Home's activities.

We are thankful to all our community donors for their generous support without which India Home wouldn't have reached where it is today. Nevertheless, despite its meteoric rise, India Home has a long way to go to pursue new avenues of helping South Asian community, with goals such as building affordable housing. We'll need your continued support to achieve the goal together.

Thank you,

Mukund Mehta President, India Home

# INDIA HOME IS GROWING!



Started in 2008 by a group of medical professionals, India Home Inc. is the only professionally managed not-for-profit organization in the New York area that provides services to older South Asian seniors.

At our four locations throughout Queens, New York, we provide South Asian elders with food, physical wellness programs, social support and advocacy rooted in strong South Asian values.

Our revolutionary work has been recognized by AARP, PBS Next Avenue, Nassau County, NY State Office for the Aging, NYC Council, NY State Assembly, community-based organizations, and many others. We have been featured in the New York Times, Huffington Post, NBC Asian America, National Public Radio and other prestigious media outlets.

Our services attract so many elders from the community, that we need more space. The number of seniors who access our services has grown to 200 every program day.

At our centers we offer older adults activities like dance and art classes, exercise, health lectures, congregate meals, and case management. But the rooms we offer them in are bursting at the seams.

Our staff find it difficult to keep switching to different activities in just one room at all our programs, whether it is in Sunnyside, Kew Gardens, Richmond Hill or Jamaica.

There is also a great demand for mental health services and we are now in a position to offer these much needed programs. But we need more space! And that's where YOU CAN HELP!

# **MORE SPACE TO GROW TOGETHER**

We're currently looking to build a community center to provide flexible space to meet our community's growing needs. Elected members of the Queens City Council as well as the Queens Borough President recognized that our community's needs could be best served through India Home's growth. They awarded a Capital Grant of \$1,477,000 to India Home to develop a South Asian community center—which is a measure of their confidence in our ability to deliver! However, given the real estate prices in Queens (NYC), we need to raise more money to make this dream a reality! We need your help!

#### More space for physical wellness

Our meditation, yoga, and exercise classes are a favorite among our seniors. We recognize the interconnected nature of physical and emotional wellness. There is a clear need to provide more space for our seniors to be the most active and healthy they can be!

#### More space for generations to come together

Older adults are socially isolated and often lonely. India Home will use the new space to bring older and younger generations together for fun events.

#### More space for art that heals

Hundreds of studies point to the healing and restorative power of art. This year, our elders learnt Garba dancing with a famous dance teacher, learned painting from a professional artist, and wrote a whole book full of poems and narratives. India Home will use our flexible rooms to bring more art classes (and more joy) to more elders.

#### More space for technology

We recognize the importance of technological literacy across generations, which is why we educate our seniors with computer skills and technological capabilities. Our new center for technology will include a fully-equipped computer lab where seniors will be able to further cultivate the skills they need to thrive in an increasingly technological world.



#### More space for case management services

Our case management team handles over 200 seniors. They help elderly South Asians with everything from getting a reduced fare Metro Card to applying for affordable senior housing. We need more space for these seniors who are among the most vulnerable members of our society as we seek to connect them with the care and

#### More space for healthy meals

We serve nutritious, culturally appropriate meals (Hindu & Jain Vegetarian and Halal food) at our four centers. Many research studies have shown that seniors who eat in isolation suffer from malnutrition. These congregate meals encourage community senese and foster friendships, which prevents social isolation, and provide supportive nutrition for our elders who continue to age at home. Our flexible rooms will host nutrition classes, as well as celebrations of festivals and life events.

#### More space for mental wellness

We recognize that there's a great unmet need for mental wellness services that are culturally appropriate to South Asians elders. We are starting the Desi Dementia Day Care program. We started offering emotional wellness counseling, support groups, community mental health outreach, therapeutic and recreational activities, brain health educational lectures and Programs to encourage active and rewarding lives.

#### More from your gift

Help us create a warm, secure home away from home for South Asian elders! We invite you to join other members of the community who take part in naming opportunities, and join us in this historic moment for the South Asian Community.

Invest in your future by donating to India Home!

# SOUTH ASIAN

#### COMPREHENSIVE WELLNESS CENTER

EMOTIONAL \_\_\_\_ PHYSICAL WELLNESS

**WELLNESS** 

INTELLECTUAL SPIRITUAL WELLNESS

**WELLNESS** 

SOCIAL WELLNESS \_ COGNITIVE **WELLNESS** 

#### CREATIVE AGING CENTER







**MUSIC** 



**LITERATURE** 

#### CASE MANAGEMENT CENTER

**BENEFIT CHECK-UP** (MEDICAID, MEDICARE & PRIVATE INSURANCES, FOOD STAMPS, ÉTC)

TRANSPORTATION, HOUSING NEEDS & OTHER SOCIAL **SERVICES** 

RETIREMENT **PLANNING & SECOND** CAREER COACHING

#### CENTER FOR NEW TECHNOLOGY



GPS TRACKERS, MEDICATION REMINDERS **AND FALL SENSORS** 







COMPUTERS, TABLETS AND **PHONES** 

#### INTERGENERATIONAL ACTIVITIES

(OLDER ADULTS, CHILDREN, FAMILIES)

TRIPS

- ARTS & CRAFTS
- STORIES

GAMES

GARDENING

CELEBRATIONS

# COMMUNITY HOME

#### COGNITIVE TRAINING CENTER Social Adult Day Program



TRAINING (WORD MEMORY, LOGIC &
REASONING, PICTURE
MEMORY, PROBLEMSOLVING & MATHEMATICS)



REHABILITATION (NOTEBOOKS, **TABLETS** & MOBILE PHONES)



**MENTAL** STIMULATION (SONGS, GAMES, STORIES, REMINISCENCES. DISCUSSIONS OF **CURRENT EVENTS** AND ARTS & CRAFTS)

#### CONGREGATE NUTRITION CENTER

HEALTHY COOKING -

**HEALTHY EATING** 

COMMUNITY GARDEN

#### CHRONIC DISEASE MANAGEMENT & HEALTH PROMOTION

**PREVENTIVE** 

**HEALTH LECTURES** 

SUPPORT GROUPS



**SCREENING CLINICS** 

#### CENTER FOR SOCIAL NETWORKS

**BIRTHDAYS** 

**ANNIVERSARIES** 

**FESTIVALS** 

**HOLIDAYS** 

#### INNOVATIVE SENIOR CENTER

**EVIDENCE BASED HEALTH AND WELLNESS PROGRAM** 

**FLEXIBLE SPACE** & EXTENDED PERIODS **OF OPERATIONS** 

**WIDE ARRAY OF SERVICES FOR** DIVERSE OLDER ADULTS WITH **CUTTING EDGE TECHNOLOGY** 

**CIVIC ENGAGEMENT THROUGH VOLUNTEER CULTURE &** LEADERSHIP OPPORTUNITIES

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Mr. Mukund Mehta

Dr. Amit Sood

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Ms. Afreen Alam

Ms. Anjali Thadani

Ms. Neetu Jain

Dr. Ankineedu Prasad

Dr. Vasundhara Kalasapudi, Pro Bono Executive Director

#### Staff

Shaaranya Pillai Capital Campaign Manager

Dilafroz "Nargis" Ahmed Director, Desi Senior Center

Sabit Bhuiyan
Director of Community
Outreach

Vandana Vyas Office Manager Program Coordinator

Shah Afroditi Panna Case Manager Selvia Sikder Care Coordinator/ Program Coordinator

Seema Ahmed Program Director, Mental Health Program

Sanjana Inala Capital Campaign Associate

Venu Thirumala Summer Intern

Ashley Roca
Summer Intern

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#### **Contact:**

Hemant Jain CPA Neetu Jain CPA Tatiya CPA PC 99 Mayflower Ave Williston Park NY 11596



Tel:(516)742-4145



askcpa@tatiyacpa.com

Web: www.tatiyacpa.com

#### **COMPLIMENTARY INITIAL CONSULTATION**

References available upon request

# **2018 HOME FUNDRAISERS**

We took on a new and innovative approach to engaging the community through our first ever home fundraisers. This allowed our supporters to increase their impact even further by engaging their personal circles with our cause, at the convenience of their own homes!

Our First Ever Host Family in New Jersey: Inala Family (Mrs. Srilatha and Mr. Satish Inala)

#### Thanks to:

Padmasola Family (Shireesha and Harish)

Rabindran Family (Nandini and Rabi)

Saripella Family (Subha and Anand)

Tirumalai Family (Bargavi and Venu)

Jupudi Family (Nandita and Ram)

Cheruvu Family (Ujwala and Vijay)

Vinjamuri Family (Ramesh and Vaagdevi)



Sanjana Inala and Venu Thirumala made a short presentation at our first home fundraiser on August 18, 2018, hosted by our strong supporters Srilatha and Satish Inala in New Jersey.

# **2018 HOME FUNDRAISERS**







Mrs. Kalyani and Dr. Ankineedu Prasad were so gracious to host our first New York Capital Campaign Home Fundraiser on August 26th, 2018 in Jericho, NY.

#### Thanks to our attendees:

Kalyani & Nannapaneni Ankineedu Prasad Sridevi & Nehru E. Cherukupalli Rao Tipirneni Aruna & Krishna Polavarapu Babu & Anupama Kudaravalli Ashok Kumar Chintakunta & Madhavi Soleti Satyanarayana & Subhadra Gavarasana Babu & Rajyasri Bangaru Manjula & Srinivas Guduru Lakshmi & Vasu Ragipani Meera S. Boppana Uma Gavarasana & Manikyam Mutyala Sampath & Sailaja Damineni Rammohan Kairam Rao & Radha Voleti Bhanumathi Ivatury Dharmarao & Roja Thapi Ragava Rao Polavarapu Sarita & Vinod Khanijo Sanjay Solanki Amit Sood & Sandeep Sood Neetu Jain, Hemant Jain and Garima Jain





Interested in hosting?

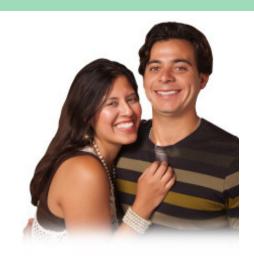
Whether it's a casual tea or dinner party, we're ready to brainstorm with you to create a fun home fundraiser experience!

Give us a call at (917)-834-7895 to learn how to get involved.



#### DR. AMIT SOOD







# CONGRATULATES COUNCIL MEMBER RORY I. LANCMAN & JOHN ALBERT

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Garden City New York 11530 Call(516)629-5436

# Financials

# INDIA HOME Inc. Statement of Financial Position As of June 30, 2017

<u>Assets</u>	<u>Total(\$)</u>
Cash & Cash Equivalents	10,833
Grant Receivable	9,900
Deposit	650
Accounts Receivable from DFTA	62,300
Prepaid Insurance	880
Total Assets	84,563
Liabilities and Net Assets Liabilities Loans Accounts Payable Other Current Liabilities Total Liabilities	10,000 64,686 24,180 98,866
Net Assets	
Unrestricted Net Assets	(14,303)
Total Net Assets	(14,303)
Total Liabilities and Net Assets	84,563

# Financials

#### INDIA HOME Inc. Statement of Activites As of June 30, 2017

Support	<u>Unrestricted(\$)</u>
Contributions	109,113
Grants	389,356
Fundraising Income	19,453
Total Support	517,922
Revenue	
Miscellaneous Income	6,732
Total Revenue	6,732
Total Support and Revenue	524,654
<u>Expenses</u>	
Program Services	449,144
General and Administration expenses	35,262
Fundraising expenses	6,105
Total expenses	490,511
Changes in Net Assets	34,144
Net Assets at the beginning of the period	5,148
Net Assets Adjustment for 2016	(53,596)
Net Assets at the ending of the period	(14,303)

## Thank You to our Donors!

We also extend our heartfelt thanks to the many individuals who donated but wished to remain anonymous.

AKA USA Foundation Ameeta Kothari Anand & Subha Saripella **Anand Dommalapati** Anjana Makwana Anwar Subhani Aruna Bhairi Ashok K. Chintakunta & Madhavi Soleti Babu & Anupama Kudaravalli Babu & Rajyasri Bangaru Balkrishna & Usha B. Mehta Bhanumathi Ivatury Bhanumati D. Jyotishi Bharat & Usha Shah Bharati Kochar Bhuvaneshwari Dorai Carrie Kreutinger Chandraprakash Loonker Chandrashekhar Ramchandran Daksha Anil Mikhatiyar Daniel Stock Darius Alistair Deepika Sood Dharmarao & Roja Rhapi Dinesh A & Minaxi Patel Girish Harwani Girish Panchal Girja & Surrender Raina Gowri Ananthanarayanan Gulab Loonker

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## Thank You to our Donors!

Nasreen & Masood Mirza Satyanarayana, Subhadra & Uma Natasha Rachuru Gavarasana Nazrul Islam Selvia Sikder Neelam & Narendra Bhalodkar Shalini Patcha Neelesh Jain Sindu Sivayogam Neetu & Hemant Jain Sravya Vankayalapati Susarla Nehru E. Cherukupalli Sri Gastroentrology PC & Ninfa Mehta Sridevi Bhumi Pageneri Atul Jethwa Srinivas Guduru Subbarao Bhimani Polavarapu Family Foundation Prabha Raghunathan & Sudhakar Tadepalli & Padma Kuppa Usha Kidambi Sunny R. Thakkar Prasad & Kalpana Chamarti Sunnyside Seniors Prasad Ankineedu Surbhi Dalal Preeti Bhansali Tapi Dharma Rao & Roja Tapi Purna & Subha Atluri Tatiya Accountax Inc Radhika Gajulapalli Tirumala & Pavani Tipirneni Rajanikant & Geeta Ray Uday & Hema Dommaraju Rajeswara Kumar Pullabhotla Uday Nadgir Rajinder Nath & Avinash Suri Usha & Sapna Shah Rakesh & Usha Patel Usha Rani Popuri Ram & Nandita Jupudi V. Krishna Polavarapu Rameshwar Koirala Vaagdevi B. Narayanarow Rammohan Kairam Vandana Vyas Rashmikant Randeriya Venkata Dhara Ravi Hanumara Venkatesh & Padma Mutyala Ravindra Kumar & Sandhya Gupta Venkatesh Raghavendra Richmond Hill Seniors Venu & Bargavi Tirumalai Saleem Gondal Victoria Lee Samir K. & Dipali Nath Vijay & Ujwala Cheruvu Vijay Polavarapu Sampath & Sailaja Damineni Sandhaya Kaurwar Vineeta Thakkar Sapna Harwani Vinod Khanijo Satish & Srilatha Inala Vipin Krishna Chengari



# WE ARE GETTING CLOSER AND CLOSER TO MAKING THIS COMMUNITY CENTER A REALITY, BUT WE STILL NEED YOUR HELP!

Please consider being a part of this historic moment and donate today!

Contribute to the permanent legacy of India Home and be on our Wall of Founders:

- Visionary \$25,000
- Champion \$15,000
- Leader \$10,000
- Benefactor \$5,000
- Advocate \$2,500
- Patron \$1,000

Please make checks payable to India Home and mail to 69-55 260th Place, Floral Park, NY 11004 or donate online at www.indiahome.org



#### **OUR PROGRAMS:**

Every Monday, 9am-2pm Sunnyside Community Services 43-31 39th Street Sunnyside, NY 11104

Every Wednesday,10am-2pm

Liberty Palace 130–11 Liberty Ave Jamaica, NY 11419

Every Thursday, 9am-2pm Queens Community House 80-02 Kew Gardens Rd, Fl 2 Kew Gardens, NY 11415

Mondays, Wednesdays, Thursdays, 9am-2pm Jamaica Muslim Center 85-37 168th Street Jamaica, NY 11432

#### **CONTACT:**

917-288-7600 www.indiahome.org indiahomeusa@gmail.com Facebook.com/indiahomeusa Twitter.com/indiahomeusa India Home is a senior center program in Queens. Our programs include yoga classes, hot lunches, health lectures, technology courses, and many more!

