

COVID-19 Vaccines: Mythbusting

THE MYTH

The ingredients in the COVID-19 vaccine are unsafe

Vaccines alter your DNA

I have natural immunity already, it's better than a vaccine

The vaccine will make me get COVID-19

The vaccine will make me infertile

I wear a mask, I am already protected

The vaccine gave me long lasting side effects

THE FACT

Vaccines may contain allergens, but are completely safe for most people

COVID-19 Vaccines do not change or even interact with your DNA

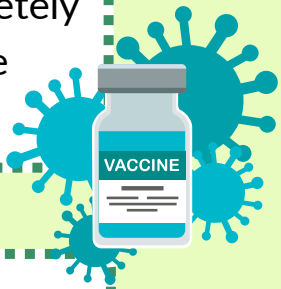
Getting the vaccine is safer and a more dependable way to build immunity

There is NO live virus in the vaccine, so you cannot get COVID-19 directly from vaccination

There is NO evidence that vaccination affects fertility

Although a mask can prevent transmission, a vaccine can help minimize symptoms if you do get COVID

The vaccine has no proven long-term side effects- correlation does not equal causation



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Source: CDC, 2024